

# <u>Tambrey Primary School Canteen Menu – Term 4, 2015</u>

#### **Lunch Time Specials**

M	on	<u>lda</u>	ìγ

5 Chicken Nuggets & Salad	\$4.50
5 Chicken Nuggets Only	\$3.50
Cheeseburger	\$4.50
(beef patty with cheese and tomato sauce)	
Beef Burger with Salad	\$4.50

<sup>(</sup>beef patty with lettuce, tomato and sauce)\* BBQ sauce available on request

## Wednesday

<u>vveuriesuay</u>	6	135
Sushi – Snack Pack (10 bite pie	eces)	\$5.00
teriyaki chicken, tuna or mix p	oack	
Sushi – Lunch Pack (15 bite pi	eces)	\$7.00
teriyaki chicken, tuna or mix p	oack	
Hot Chicken & Mayo Roll		\$4.00
Hot Chicken & Gravy Roll		\$4.00
Meatball Sub		\$4.00
Hot Dog (please state if no sauce requ	iired)	\$4.00
* Add Cheese	extra	.50c

## Friday (includes 1x squce)

\* BBQ sauce available on request

includes in sauce,	
Good Eating Pie	\$4.00
Potato Pie	\$4.00
Sausage Roll	\$3.00
Party Pie	\$1.20
Party Sausage Roll	\$1.20
Mini Quiche Lorraine	\$1.20
* Additional tomato sauce	.50c

This menu has been approved by The Department of Education's Healthy Food and drink policy – The Traffic Light System.

Green – Can be eaten everyday

Amber – Eat in moderation

Red – Not recommended

## Canteen is open Monday, Wednesday & Friday.

Daily specials are **ONLY** available on the specified day. ECC area can pre-order recess and ice-creams/icy poles. Yr. 1 – 6 window sales only for recess and lunchtime items. Please ensure lunch orders are placed by **9.00am** 

#### **WINDOW SALES ONLY**

## **Recess Only (Varies Daily)**

Pizza	\$2.00
Yogo Chocolate	\$2.00
Fresh Fruit Cup	\$1.50
Cheesy	\$1.00
Ham & Cheese Melt	\$1.00
Hash Brown	\$1.00
Pinwheels- sweet or savoury	\$1.00
Jelly Cup with Fruit	\$1.00
Seasonal Fruit	.50c - \$1
Muffin / Slice / Cookie	.50c
Pikelets (x2)	.50c
Popcorn	.50c

## **Lunch Time Only**

Quelch Fruit Icy Pole	\$1.00
Ice Cream in a Cone (vanilla)	\$1.00
Crisps	\$2.00

## **Drinks**

Juice Box - Apple	\$2.00
Juice Box - Orange	\$2.00
Milk – Plain	\$2.00
Milk – Strawberry	\$2.00
Milk – Chocolate	\$2.00
600ml Water	\$1.00

## **Daily Lunch Items**

	Sandwich	Wrap
Vegemite	\$2.00	\$2.50
Salad Only	\$3.00	\$3.50
Cheese Only	\$2.50	\$3.00
Chicken Only	\$3.50	\$4.00
Chicken & Salad	\$4.50	\$5.00
Ham Only	\$3.50	\$4.00
Ham & Salad	\$4.50	\$5.00
Tuna & Salad	\$4.50	\$5.00
Egg with Mayo	\$3.00	\$3.50
(plain or curried)		
* add salad	\$4.00	\$4.50

<sup>\*</sup> Salad Items – lettuce, tomato, carrot & cucumber

#### **Extras**

Cheese	.50c
Mayo	.20c
Egg	.50c

<u>Toasted</u>	Sandwich	Wrap
Cheese Only	\$3.00	
Ham & Cheese	\$4.00	\$4.50
Ham, Cheese & Tomato	\$4.30	\$4.80
Chicken & Cheese	\$4.00	\$4.50
Chicken, Cheese & Mayo	\$4.50	\$5.00
Spaghetti Jaffle	\$3.00	
Bake Beans Jaffle	\$3.00	

## Salad Plate (includes dressing)

(lettuce, tomato, carrot, cucumber,	cheese, egg)
Salad Only	\$4.50
Meat & Salad	\$5.50
(ham, chicken or tuna)	

Our canteen is always in need of helpers to lighten the load. If you have some time to spare I would love to welcome you on board.

Drop in and see me. Even if you only have a couple of hours to spare it would be much appreciated. Anne-Marie Horn